

**A Hero's Good Choices**  
***Curriculum Companion Packet***

JLH 65 Publishing • Mount Vernon, New York

## **Dear Educator or Parent,**

This story reminds us that every day brings opportunities to make good choices — to be truthful, thoughtful, and kind.

In A Hero's Good Choices, Bennett learns that doing the right thing, even when no one is watching, is what makes a true hero.

Use this companion packet to spark classroom reflection and family conversation about honesty, responsibility, and courage. Together, we'll help young heroes think, choose, and grow with heart.

Signed,

Jerald L. Hoover

Author & Creator, The Hero Book Series™

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[www.TheHeroBookSeries.com](http://www.TheHeroBookSeries.com)

# **Lesson Plan & SEL Alignment**

Theme: Responsible Decision-Making, Integrity, and Perseverance

Learning Objectives:

- Recognize how choices affect oneself and others.
- Practice honesty and responsibility through role-play and reflection.
- Identify what it means to do the right thing, even when no one is watching.
- Develop decision-making skills for positive peer interactions.

Core SEL Competencies:

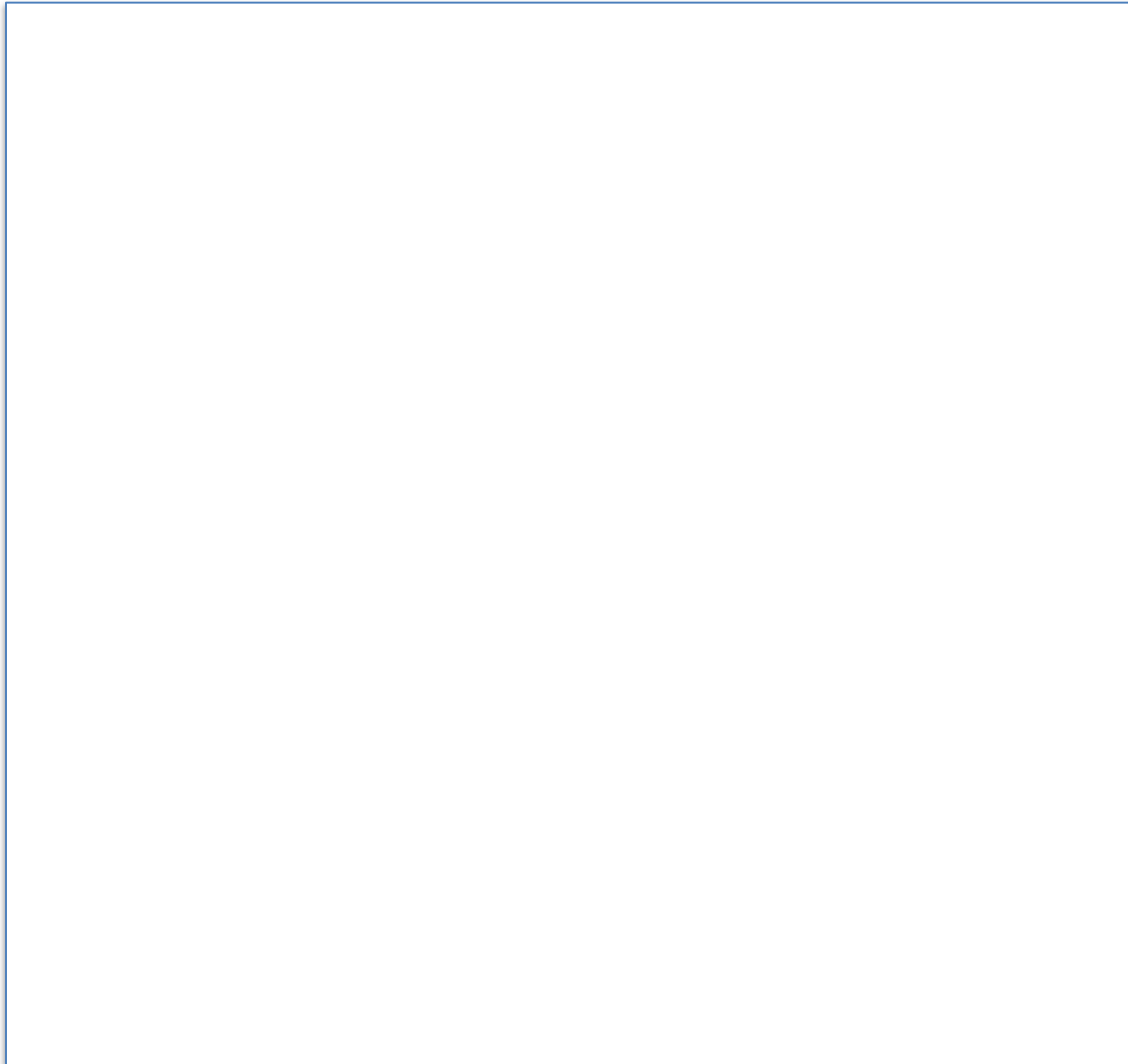
- Self-Management
- Responsible Decision-Making
- Relationship Skills
- Self-Awareness

Standards Alignment

- CASEL-aligned
- Meets Pre-K–K language social-emotional and character education standards

# Activities & Reflection Prompts

- Choice Chain -- Link colorful paper rings together. Each ring lists a 'good choice' made during the week.
- Hero Truth Circle -- Each child shares one time they told the truth or made a brave choice.
- Helping Hands & Honest Hearts -- Create a poster of promises for honesty and teamwork.
- Finish Strong -- Students set one goal and write the steps they'll take to achieve it.



## **Discussion Questions**

- What makes a choice 'good' or 'heroic'?
- Why is telling the truth important, even when it's hard?
- How do good choices make our classroom or home better?
- What can you do next time you're tempted to make a bad choice?
- Who can help you make good choices when things get tough?

## **Implementation Notes**

- Ideal for circle time, SEL block, or literacy extension.
- Time: 20–30 minutes.
- Materials: construction paper, crayons, chart paper, scissors, glue.
- Recommended follow-up: Family “Hero Promise” Reflection Sheet.

# Hero of Good Choices Award

Presented to:

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For showing honesty, responsibility, and courage — just like  
Bennett in A Hero's Good Choices!

*“You don’t need a cape to be a hero — just a heart that chooses right.”*

Signed,  
Jerald L. Hoover  
Author, The Hero Book Series™

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